



METRO RYDERS, LLC ATHLETE AGREEMENT

This agreement is made between _____ (“Athlete”) and Metro Ryders, LLC (“Company”) on this ___ day of _____, 20___. All parties agree to the following:

Expectations

Coaching is a collaborative process with an ongoing relationship between the Athlete, Parent, and Coaches. The coaching experience supports the Athletes in establishing new behaviors and athletic abilities to excel in basketball. The coaching relationship is strengths-based, forward-looking, and collaborative. The coaching agenda is developed and implemented in partnership between the Athlete, Parents, and Coaches. The role of the Coaches is to help the Athlete progress toward achieving their goals.

Athlete will agree to engage fully in the practice training sessions and will give no less than 100% commitment in every session. These responsibilities include but are not limited to the following:

- Being honest with your coach and treating others fairly
- Committing to goals set by your coach
- Taking ownership for your progress and accomplishments
- Working as a team (i.e., coach, parent, athlete effectively communicating challenges and strengths on a weekly basis)
- Respecting the confidentiality of this Agreement

Practice

Practices are to maximize time to be as efficient as possible. Coaches will need all athletes’ attendance and undivided attention. Due to inadequate space and athlete’s safety, practices will be closed off with only athletes and coaches. (**Coaches Discretion**)

Confidentiality

Metro Ryders, LLC will protect the confidentiality of all Athletes and will release information about your child only after obtaining your written consent to do so or if required by a court of law. Your athlete will receive coaching exclusively developed by Metro Ryders, LLC. Confidential Information shall include any information obtained during the Coach-Athlete relationship.

Coaching Commitment

By entering into this relationship, the Metro Ryders, LLC Members acknowledge that the Athlete desires to make a behavioral and physical change or some type of improvement in his or her athletic ability regarding basketball. Behavioral and athletic change often takes time to implement and sustain. The pace of change is uncertain and varies amongst individuals. As such, the Athletes , Parents, and Coaches agree to communicate athlete availability.

Parent Contract

- Parents please sit together, if possible, to show camaraderie.
- Parents are asked to cheer for the ADVANTAGE in a positive manner, not against our athletes, coaches, or opponents in a negative manner.
- Show respect to those around you.
- Support your coaches.
- Refrain from harassing athletes, coaches, referees and/or event staff.
- Refrain from all loud auditory criticism of all athletes of team and opponents.

Uniform

Please bring both uniforms to all games. Each athlete shall bring water or sport drinks as needed for the duration of events/games.

Registration and Dues

Early Registration: \$220 By TBD

Registration Dues: \$250 TBD

Registration covers registration uniforms and monthly Dues for September.

Dues

Monthly Dues: \$125 Due the 10th of every month.

Parents are also responsible for AAU Membership

Fundraising

Athletes and parents must participate in fundraising activities. The proceeds are to benefit your child and to ensure that we have funds that are necessary for the team to travel. The elected team mom will handle all fundraising activities. It's imperative that we raise funds.

Waiver and Release of Liability

In consideration of being allowed to participate in any way with Metro Ryders, LLC, the Parent acknowledges and agrees to the following:

1. The risks of injury and illness (ex: communicable diseases such as MRSA, influenza, and COVID-19) from the activities involved in this program are significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce these risks, the risks of serious injury and illness do exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, even if arising from the negligence of the Metro Ryders, LLC or others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS Metro Ryders, LLC, their officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct training sessions, with respect to any and all injury, illness, disability, death, or loss or damage to person or property, whether arising from the negligence of Metro Ryders, LLC or otherwise, to the fullest extent permitted by law.

Parent Signature Date

Parent Signature Date

Athlete's Printed Name

Athlete's Signature